



# THE TABLET *and* YOUR BODY

**DO I TAKE IT EVERY DAY?**



**Yes, it's like vitamins.** Just like you take vitamins every day to ensure a healthy body, you should take the tablet every day for it to work. This is how we will answer the REACH study questions.

**CAN I STOP USING BIRTH CONTROL AND CONDOMS?**



**No, it's one player on the team.** The tablet does not protect against other STIs or pregnancy, so it is important to use it together with other safe sex methods. These all work together as a team to protect you and your health.

**IF I TAKE IT, DOES IT MEAN I HAVE HIV?**



**No, it also prevents HIV.** Some people take the tablet to treat HIV, but it also helps prevent HIV. Take the tablet every day to help protect yourself.

